



# MEAT-FREE CHINESE FRIED RICE

## INGREDIENTS

2 Tablespoons Cooking Oil  
4 Cloves Garlic  
100 Grams Longbeans  
1 Small Carrot  
2 Tablespoons Vegetarian Oyster Sauce  
1 Tablespoon Vegetarian Seasoning  
1/4 Teaspoon White Pepper Powder  
1 Packet Harvest Gourmet Chargrilled Pieces  
4 cups Rice (cooked)



## PREPARATION

- 1.** Fry the chopped garlic until fragrant.
- 2.** Add long beans and carrots, fry until half cooked.
- 3.** Add the vegetarian oyster sauce, vegetarian seasoning and white pepper. Mix evenly. Then, add the Harvest Gourmet Chargrilled Pieces. Mix well.
- 4.** Add in the rice. Mix well. Serve hot.

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